

# Shoulder to Shoulder

When one person  
serves, the whole  
family serves.



## Support for Military Families

Shoulder to Shoulder, a program of JF&CS, connects volunteers with military-connected experience to Active Duty, National Guard, Reserve, and Veteran Service members and their families who are coping with the challenges of the deployment cycle and reintegration into their communities.

JF&CS designed Shoulder to Shoulder to improve the lives of Active Duty, National Guard, Reserve, and Veteran military families with unique home-based support services and connections to community resources. This program trains and supervises volunteers who visit families in their own homes to offer empathy, vital support, and guidance. Volunteers are veterans, spouses, parents, and other military-connected community members. They bring their unique perspective as members of the military community who understand the pressures of military family life.

Shoulder to Shoulder is the only support program in Massachusetts that provides free, voluntary, and extended home visits to any military family. Volunteers connect families with JF&CS services and other community resources, including referrals for housing, employment, health care, education, veterans' benefits, and clinical treatment for PTS and TBI. These services are available at no cost to any military family regardless of age, religion, income, or economic circumstances.

### Specific services include:

- Support for parental concerns and the impact of military life on the family
- A compassionate presence and nonjudgmental listening
- Identify and mobilize available informal and formal supports
- Access to JF&CS programs for support, intervention, financial, and material resources
- Referrals for therapeutic support for any family member if needed

**For more information, please contact us at  
[shouldertoshoulder@jfcsboston.org](mailto:shouldertoshoulder@jfcsboston.org) or 781-693-1206.**

*Shoulder to Shoulder is a program of Jewish Family & Children's Service*



Visit our website at [jfcsboston.org](http://jfcsboston.org) or call 781-647-JFCS (5327).  
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